

Traumatic sciatic nerve injury after an intramuscular injection into the gluteal region: A case report



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Introduction

Table & Figure

The sciatic nerve originates from the L4 to S3 nerve roots and provides innervation to various muscles of the lower extremities. Directly, it innervates posterior thigh muscles such as the biceps femoris, semimembranosus, and semitendinosus, and branches distally into the tibial and peroneal nerves, further providing motor function of the lower leg and foot muscles. Similar to other nerve injuries, sciatic nerve injury can occur due to mechanisms such as stretching, compression, or ischemia. In this case, we present a traumatic sciatic nerve injury suspected to have occurred following a needlestick injury.

	Sensory	NCS						
Nerve		Late	ency	P	P Amp	1		
		n	ns		μV			
R Sural			1.56			27.1		
L Sural			1.56		3	37.1		
	1				No resp	onse		
R Superficial peroneal								
			2.14		0.00	15.0		
L Superficial peroneal					No resp	0000		
5			1		NO TESP	onse		
	NCS							
Nerve / Sites	Latency	P-F	P-P Amp		Velocity			
	ms	1	nV		m/s			
R Peroneal - EDB								
Ankle	2.23	3	6.68					
Knee	5.50	_	5.89			5.50		
Popliteal fossa	7.65	_	5.65	+		8.00		
Gluteal fold	10.83	L	3.91		50	0.53		
L Peroneal – EDB	5	-		1 -				
Ankle		-			lo respo	onse		
Knee Depliteel ferre		-						
Popliteal fossa Gluteal fold		-				-		
R Tibial - AH	8	-		<u>.</u>		-		
Ankle	2.62	>	23.85	1				
Knee	7.40	_	21.75		4(0.34		
Gluteal fold	11.33		9.36	+		3.87	Tab	le 1.
L Tibial - AH								
Ankle	2.27	7	17.19					ctrodiagno
Knee	6.73	3	15.82		44	5.98	еха	mination
Gluteal fold	10.29	9	7.26		47	7.72	_	
				L				ws incom
R Peroneal – Tib Ant	2.00		4 5 7 5			_	lesi	on of the
Fibular head 2.02				(0.76		sciatic nerve,		
Popliteal fossa 3.67 L Peroneal – Tib Ant		11.62			60.76			
Fibular head	2.42	,	2.72	r –		-	per	oneal divi
Popliteal fossa	4.40	_	1.03		5(0.53	invo	olved.
	7.1	<u> </u>	1.05					
EMG Summary Table					1.0714			
Muscle		taneous Fib	PSW	Fasc	MUA		PPP	Interference
Muscie	IA	F10	PSW	Fasc	Amp	Dur.	PPP	Pattern
L. Tibialis anterior	N	None	1+	None	N	N	N	Single to partial
	-	1.0mc						oingre to puttur
L. Peroneus longus	N	1+	1+	None	N	N	N	Single
L. Gastrocnemius	N	None	None	None	N	N	N	Complete
L. Biceps femoris (short head)	N	None	None	None	N	N	N	Complete
L. Biceps femoris (long head)	N	None	None	None	N	N	N	Complete
L. Gluteus maximus	N	None	None	None	N	N	N	Complete

Case Report

A 5-year-old female without significant past medical history visited the emergency department with persistent fever and sore throat. After the evaluation with laboratory tests, she was diagnosed with acute pharyngotonsillitis and admitted to the department of pediatrics. For the purpose of fever control, a 23-gauge needle was used to administer a prescribed dosage of diclofenac into her left buttock, by intramuscular injection. Approximately 30 minutes after the injection, she exhibited the motor weakness of left ankle and toe as well as dragging of left foot while walking. Her muscle strength of the left ankle dorsiflexor and big toe extensor was 2/5 Medical Research Council (MRC) grade. Additionally, sensory evaluation was performed to assess for possible nerve injury, and the patient complained hypesthesia in the lateral area of the left lower leg. Electrodiagnostic examination was conducted, and to obtain more accurate results, the testing was performed three weeks after the onset of symptoms. The result was suggestive of incomplete lesion of the left sciatic nerve, peroneal division more involved (Table 1). Furthermore, magnetic resonance imaging of left hip was performed to confirm the nerve lesion, and it revealed diffuse thickening of soft tissue and increased T2 signal intensity at the lateral side of the left sciatic nerve (Figure 1). The patient was transferred to the department of rehabilitation medicine and undergone muscle strengthening exercises for foot drop along with strike practice. Additionally, electrical heel stimulation therapy was administered to the left peroneus longus and brevis muscles. After several weeks of treatment, the patient was discharged in a condition enabling independent gait.

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Figure 1. Magnetic resonance imaging of the left hip

shows increased T2 signal intensity at the lateral side of the left sciatic nerve (arrow).

Conclusions

We report a case of sciatic nerve lesion probably induced by a needlestick injury. The sciatic nerve is known to exhibit variability in its course with various forms, including instances where the sciatic nerve passes superficially to the piriformis muscle. Therefore, precise injection into the upper outer quadrant, which is anatomically far enough from the nervous structures, is essential for intramuscular injections to the buttocks. Alternatively, depending on the situation, consideration may be given to safer muscle sites such as the deltoid or anterior thigh muscles for injection.